

ABOUT THE PROCEDURE

Gastroscopy that allows the specialist to examine the lining of the upper gastrointestinal tract and stomach using a thin flexible tube, which contains a video camera and a light source.

Please follow the instructions carefully.

*** Please note:** Damage to capped, loose, or teeth in poor condition may occur during the procedure when biting down on the mouthguard that will be placed in your mouth to stop you chewing on the scope. Although we make every effort to protect your teeth, such damage is a recognized and accepted hazard. We cannot accept responsibility for injury to teeth, dental caps, crowns or bridges.

MEDICATIONS

If you are on:



- **Nexium:** Cease 5 days prior but if unable to stop inform on the day
- **Diabetic Medication:** you will need to seek advice from you GP regarding your medication during your preparation period.
- **Bleeding Thinning Medication (i.e. Warfrin, Iscovar, Plavix, etc):** May require stopping, follow instructions as per Specialist advice.

Taking other medications?

If you are unsure about whether you can continue to take any other medications, please speak call the Hospital or speak to your GP.

WHAT DO I NEED TO DO?



DAY OF THE PROCEDURE



Stop Eating

- No food or drink for six hours prior to procedure.
- No smoking or chewing gum on the day of your procedure.

You must have a suitable adult escort you home BEFORE 5PM and they need to stay with you for at least 24 hours. Travelling alone by taxi is not acceptable. **Your procedure may be cancelled if you have not organised for someone to escort you home safely.**

On the day of your procedure, you are required to arrive 30 minutes prior to your procedure time. Please wear loose comfortable clothing and bring:

- Referral from your doctor
- Medicare card
- Private Health Insurance card (where applicable)
- Pension Card or Health Care Card (where applicable)
- Patient Admission Form

NOTE: Please call The Endoscopy Centre to clarify any questions early. If your preparation is inadequate or incorrectly performed, your procedure may be cancelled.